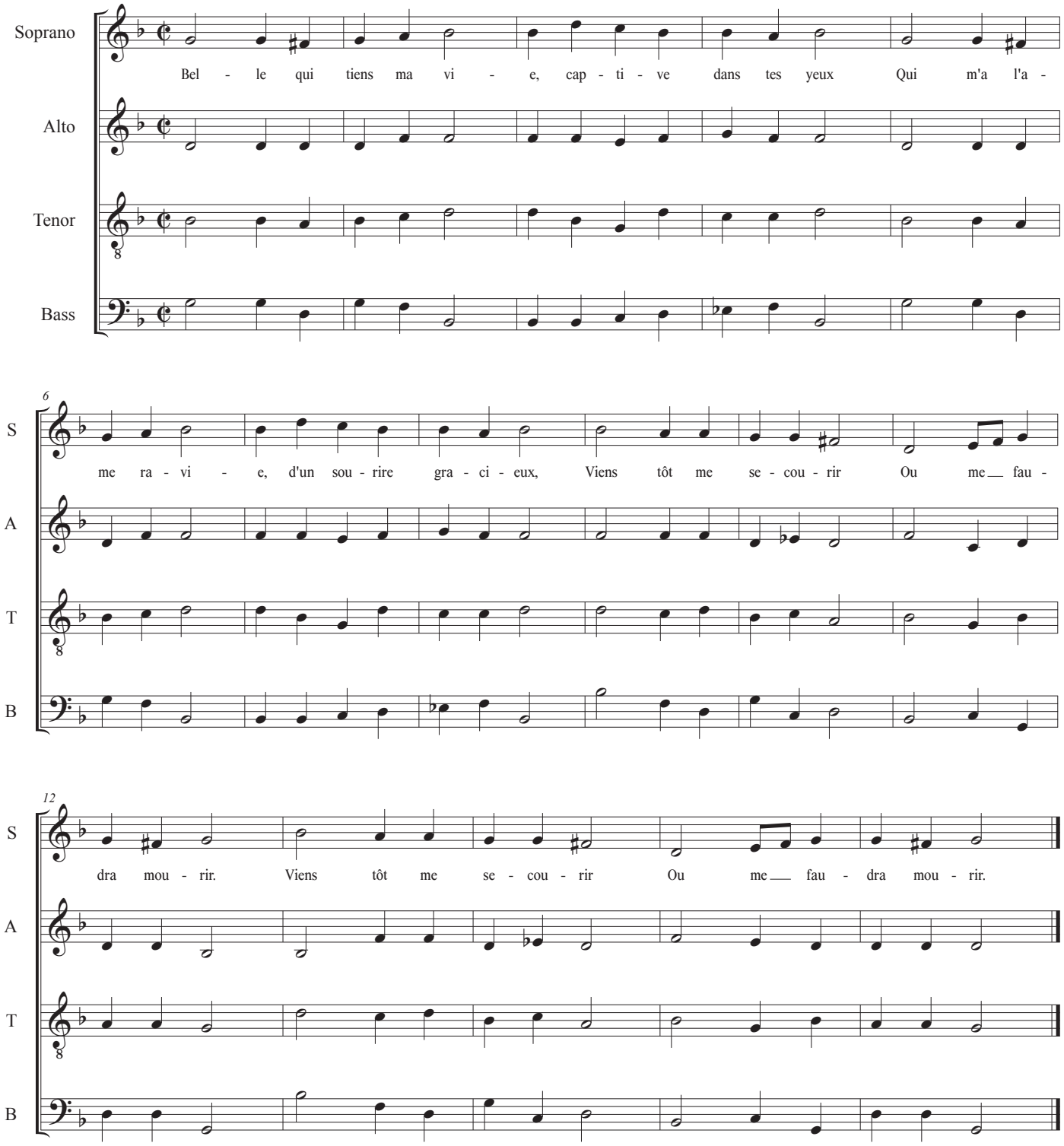
Belle qui tiens ma vie

Thoinot Arbeau
Orchésographie (1589)



Translation:
Beauty, you who hold my life captive in your eyes,
You who make my soul delighted with a gracious smile,
Come soon rescue me, or I shall die.

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